



HRVATSKO
KATOLICKO
SVEUCILISTE
ZAGREB
UNIVERSITAS
STUDIORUM
CATHOLICA
CROATICA
ZAGREBIA

Detailed Course Syllabus

Academic year:

2025/2026

Semester:

Summer semester

Study programme:

Sestrinstvo (I)

Year of study:

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I. BASIC COURSE INFORMATION

Name: Palijativna zdravstvena njega

Abbreviation: SESP5-9

ECTS: 2

Code: 144213

Prerequisites: No

Total Course Workload

Teaching Mode

Total Hours

Lecture

10

Seminar

5

Clinical exercise

10

Special clinical exercise

30

Class Time and Place: HKS - according to the published schedule

II. TEACHING STAFF

Course Holder

Name and Surname: Važanić Damir

Academic Degree:

Professional Title:

Contact E-mail:

damir.vazanic@unicath.hr

Telephone:

Office Hours: According to the published schedule

Course Assistant

Name and Surname: Šklebar Ivan

Academic Degree:

Professional Title: izvanredni profesor

Contact E-mail:

ivan.sklebar@unicath.hr

Telephone:

Office Hours: According to the published schedule

Name and Surname: Bermanec Renata

Academic Degree:

Professional Title: viši predavač

Contact E-mail: renata.mardetko@unicath.hr	Telephone:
Office Hours: According to the published schedule	
<h3>III. DETAILED COURSE INFORMATION</h3>	
Teaching Language: Hrvatski	
Course Description	<p>Studentu će biti prenesena osnovna načela, filozofija i organizacija palijativne zdravstvene njege. Student će biti osposobljen za procjenu potreba, planiranje, provođenje i evaluaciju zdravstvene njege u zadnjem stadiju života tijekom boravka u bolnici, hospiciju i kući, kao i pružanje potpore obitelji tijekom bolesti i žalovanja.</p>
Educational Outcomes	<p>Objasniti filozofiju i načela palijativne zdravstvene njege; - navesti organizacijske oblike i razine palijativne skrbi; - identificirati osnovna obilježja palijativne njege u bolnici, hospiciju i zajednici; - procijeniti potrebe, planirati, provoditi i evaluirati palijativnu zdravstvenu njegu; - primjeniti postupke rješavanja i ublažavanja simptoma i patnje bolesnika; - organizirati profesionalnu i socijalnu potporu bolesniku i njegovoj obitelji; - komentirati etička pitanja u palijativnoj njezi.</p>
<i>Textbooks and Materials</i>	
Required	<ol style="list-style-type: none"> 1. Palijativna zdravstvena njega – nastavni tekstovi 2. Marđetko R, Dumbović N. Vodić: Centar za koordinaciju/koordinator za palijativnu skrb u županiji. Ministarstvo zdravstva Republike Hrvatske. 2017. Dostupno na: https://zdravlje.gov.hr/UserDocsImages/2018%20Programi%20i%20projekti/2018%20Dokumenti%20razni/VODI%C4%8C%20ZA%20KOORDINATORE%20ZA%20PALIJATIVNU%20SKRB.pdf 3. Ljubičić Marija. Palijativna zdravstvena njega, Naklada Slap, Jastrebarsko 2022.

1. World Health Organization. WHO definition of palliative care. Available from: <http://www.who.int/cancer/palliative/definition/en/> Accessed January 4, 2018
2. Hrvatska komora medicinskih sestara. Kompetencije medicinske sestre u specijalističkoj palijativnoj skrbi. Zagreb, 2018. Dostupno na: <http://www.hkms.hr/wp-content/uploads/2019/01/Kompetencijemedicinske-sestre-u-specijalisti%C4%8Dkoj-palijativnoj-skrbi.pdf>.
3. Radbruch L, Payne S. White Paper on standards and norms for hospice and palliative care in Europe: part 1. Recommendations from the European Association for Palliative Care. *European Journal of Palliative Care*. 16(6):278-289; 2009. 3.
4. Radbruch L, Payne S. White Paper on standards and norms for hospice and palliative care in Europe: part 2. Recommendations from the European Association for Palliative Care. *European Journal of Palliative Care*. 17(1):22-33; 2010.
5. Gamondi C, Larkin P, Payne S. Core competencies in palliative care: an EAPC White Paper on palliative care education – part 1. *European Journal of palliative care*. 20(2); 2013.
6. Ministarstvo zdravstva. Nacionalni program razvoja palijativne skrbi u Republici Hrvatskoj 2017-2020. Dostupno na: <https://zdravlje.gov.hr/UserDocsImages/2018%20Programi%20i%20projekti/NP%20RAZVOJA%20PALIJATIVNE%20SKRBI%20RH%202017-2020%20usvojen%2018.10.2017..pdf>
7. Carter AN. To what extent does clinically assisted nutrition and hydration have a role in the care of dying people? *J Palliat Care*. 2020;825859720907426. Epub 2020/03/05.
8. Simon ST, Pralong A, Radbruch L, Bausewein C, Voltz R. The palliative care of patients with incurable cancer. *Dtsch Arztebl Int*. 2020;116(7):108- 15. Epub 2020/03/14.
9. Platovnjak I. Meeting the spiritual needs of a dying person. *Nova prisutnost*. 2022. XX 1 57-72
10. Peter S, Volkert AM, Radbruch L, Rolke R, Voltz R, Pfaff H, et al. Influence of Palliative Care Qualifications on the Job Stress Factors of General Practitioners in Palliative Care: A Survey Study *International Journal of Environmental. Research and Public Health*. 2022. 19 21
11. Kesonen P, Salminen L, Haavisto E. Patients and family members' perceptions of interprofessional teamwork in palliative care: A qualitative descriptive study. *Journal of Clinical Nursing* 2022. 31 17-18 2644–2653
12. Sardella A, Musetti A, Caponnetto P, Quattropiani MC, Lenzo v. Prolonged Grief Disorder and Symptoms of Anxiety and Depression among Bereaved Family Caregivers in the Context of Palliative Home Care. *European Journal of Investigation in Health, Psychology and Education*. 2023. 13 2 490-500

Supplementary

Examination and Grading

To Be Passed DA	Exclusively Continuous Assessment NE	Included in Average Grade DA
Prerequisites to Obtain Signature and Take Final Exam	Redovito pohađanje nastave (prisutnost na najmanje 70% nastave) Uredno izvršene seminarske obaveze	
Examination Manner	Kontinuiranim vrednovanjem studentskog rada dolazi se do ukupne ocjene: nedovoljan (1) 0-59,9 % bodova dovoljan (2) 60-69,9 % bodova dobar (3) 70-79,9 % bodova vrlo dobar (4) 80-89,9 % bodova izvrstan (5) 90-100 % bodova	
Grading Manner	Kontinuirano vrednovanje studentskog rada kroz: 1. Nastavne aktivnosti: seminarski rad 2. Završni ispit (pismeni)	
Detailed Overview of Grading within ECTS		

VRSTA AKTIVNOSTI	ECTS bodovi - koeficijent opterećenja studenata	UDIO OCJENE (%)
Pohađanje nastave	1	0
Seminarski rad	0,3	30
Ukupno tijekom nastave	1,3	30
Završni ispit	0,7	70
UKUPNO BODOVA (nastava+zav.ispit)	2	100

IV. WEEKLY CLASS SCHEDULE